



Breathtaking

A healthy respiratory system is a beautiful thing. But smoking, asthma, chronic obstructive pulmonary disease, pneumonia and other factors can make breathing difficult – sometimes impossible. Don't let your body and brain be robbed of needed oxygen.

For tips on preventing and treating respiratory problems, call (203) 789-3972.

Saint Raphael's Lung Life program offers education and exercises classes for people diagnosed with respiratory conditions. Learn more at www.srhs.org/clinical/clinical_lunlife.asp.



Hospital of Saint Raphael

www.srhs.org